



Fish : Recipes from the sea

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Fish: Recipes from the Sea is an inspiring collection of more than 200 Italian recipes for cooking with fish, which shows us how to get the very best from local, sustainable fish.

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312 pages

Présentation de l'éditeur

More than 200 simple, authentic recipes for fish and seafood, newly collected from the Silver Spoon kitchen. From traditional seafood soups to simple grilled fish with herbs, the Italian approach to cooking with fish is both delicious and resourceful. Demystifies the process of choosing, preparing and cooking all kinds of fish and seafood with clear, step-by-step instructions

Includes advice on choosing and substituting different kinds of fish to make the most of what's available near you.

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