



Step-by-step Ballet Class: Illustrated Guide to the Official Ballet Syllabus (Royal Academy of Dancing)

Royal Academy of Dancing

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Step-by-step Ballet Class: Illustrated Guide to the Official Ballet Syllabus (Royal Academy of Dancing) Royal Academy of Dancing

Written with the full backing and expertise of the Royal Academy of Dancing and following the new international examination syllabus, this is a new edition of "Ballet Class". From the basic positions of the feet to exercises for the most advanced grades, this book is a useful companion for everyone who is learning ballet. It gives a selection of exercises from each of the examination grades, beginning with pre-primary and working up to grade five, the most advanced. Clear step-by-step illustrations and explanatory text take the dancer through each exercise in turn and there are checklists of important points to remember. Topics such as how to find a good ballet school, dressing for dance and taking an examination are also included. This book will ensure that dancers of all ages get the most out of their ballet tuition, both in and out of the classroom.

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